

Garcia, sam

From: Letty Gomez [letty@todaysofficecentre.com]
Sent: Monday, July 06, 2009 1:29 PM
To: Jessie Avalos; Art Briseno; Steve Segovia - NSCAL President; Sandra Mendoza - NSCAL Minister; Roger Castro - NSCAL Treasurer; Ray Mendoza - NSCAL; Mike Davila - NSCAL VP; Letty Gomez - NSCAL Registrar; Jim Graham - NSCAL Athletic Director; Daniel Sustaita - NSCAL Secretary; Anna. M. Rodriguez - SMM Registrar; Carlos Garcia - SF Registrar; Dianna Fairhurst-SEAS Registrar; Dolores Zapata - Atonement; Fernando Fernandez-SGM; Laura Dupree - OLG Registrar; Lisa Leos - St Brigid Registrar; Manuel Martinez-FO; Mary Ellen Greer-St Peter Registrar; Maureen Estrada - SM Registrar; Nicole Cobos-OLG Asst. Registrar; Ruben Rodriguez - SL Registrar; Garcia, sam; Wayne Wilkinson - POP President; Thomas Parker-SP Pres.; Paul Bernhard-SEAS Pres.; Louie Alvarado - OLG President; Lornell Walden; Greg Torres-SMM; Eddie Ramirez-SG Pres.; Dawn Ritter-SM President; Adolfo Requenez-St Brigid; Marc Alonso; Marc Alonso
Subject: CYO Rule Changes for '09 -'10

Hello Everyone,

Here are the results from our City Rule changes meeting:

- 1.** Volleyball - Page 34 E. Roster - Player limits - minimum 8, maximum 12. Net height for Mite 1 has changed to 7'4".
- 2.** Flag Football - Add Tot division. Rule change: Line of scrimmage for defense is moved back 1 yard.
- 3.** Softball - Page 7 #13 - Coach Pitch - ball size will change. Size not yet specified.
- 4.** Soccer -
 - a. Tots will play 6v6 - no goalie - Roster minimum 8, maximum 12.
 - b. Tinys & PW - 8v8 - Roster minimum 10, maximum 16.
 - c. Mites & above - 11v11 same as before.
 - d. Most of us agreed that we do not play on regulation size fields. Most of us will not have to adjust our field size. But we will should have Mites & above play on the biggest fields available in our zone.

We tried to change Mite 1 girls basketball to full court press but it was denied again. We discussed other Flag Football rules with not much luck.

Registration Changes:

- 1.** Volleyball - minimum 8, maximum 12
- 2.** Soccer - Tots : minimum 8, maximum 12; Tinys & Pw: Minimum 10, maximum 12

We all agreed that the procedures for releases need to be changed. I am heading a committee that will meet several times this month in order to have this completed by August 1st. I will be meeting with the other Zone Registrars. We will come up with some changes. We will then submit the ideas to you for your opinion. We will then come back together and finish it. In the meantime, continue to follow the same rules for releases until we get this completed. If you have any ideas, please forward them to me asap as our 1st meeting is July 9th.

We also agreed that the Coaches Handbook needs to be updated. There are several conflicting rules in it. There is a separate committee that will be reviewing the handbook and making the corrections as needed.

Each of these, registration & handbook corrections, may take a couple of years to get it where we really want it but it is all moving in a positive direction. The reason I say "years" is because we do not make changes during the year. We can make some now and see how it works and then adjust it again next year if necessary. Hopefully, we will get it right the first time.

Please forward this to all your board members as well as newly elected board members.

Sincerely,
Letty Gomez
NSCAL Zone registrar
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